**CONSORT 2010 Flow Diagram**

## Follow-Up

Analysed (n=50 )  
 Excluded from analysis (give reasons) (n= )

## Analysis

Analysed (n=50s )  
 Excluded from analysis (give reasons) (n= )

Lost to follow-up (give reasons) (n=0 )

Discontinued intervention (give reasons) (n= )

Lost to follow-up (give reasons) (n=0 )

Discontinued intervention (give reasons) (n= )

## Enrollment

Allocated to intervention in GpI (n=50 )

 Received allocated intervention (n= 50 )

 Did not receive allocated intervention (give reasons) (n= )

## Allocation

Allocated to intervention in Gp II(n= 50 )

 Received allocated intervention (n=50 )

 Did not receive allocated intervention (give reasons) (n= )

Randomized (n=100 )

Excluded (n= 30 )

  Not meeting inclusion criteria (n=30 )

  Declined to participate (n= )

  Other reasons (n= )

Assessed for eligibility (n=130 )